

## General Schedule

8:30 am  
**Registration and Light Refreshment**

9:00 am  
**President's Report and Welcome**

9:45 am  
**Morning Sessions**

11:15 am  
**Tour of USC Community Center**

Noon  
**Lunch, included in fee**  
*provided courtesy of G & G Fitness*

1:00 pm  
**Afternoon Sessions**

2:15  
**Short DCNR Wrap Up**

### Directions to Upper St. Clair Community Center

Route 79 South/Exit 54  
 Start out going Northeast on Washington Pike  
 towards PS-50 E/Millers Run Road  
 Washington Pike become PS-50/Washington Ave.  
 Immediately look for and Turn Right onto Chartiers  
 Street

Turn Right onto Mayview Road  
 UPC Community Center will be on your left in about a  
 mile or mile and a half....you can't miss it!!

GPS:  
 1551 Mayview Road, Upper St. Clair, PA 15241  
 Trouble? Call 412-221-1099



## District 1 Workshop 2010

Friday, February 12th  
 8:30 am - 3:00 pm

Upper St. Clair  
 Community Center at  
 Boyce Mayview Park  
 1551 Mayview Road,  
 Upper St. Clair, PA 15241



## RECREATION: "Paying for itself and more"

Thank you to our sponsors



The Pennsylvania Recreation and Park Society (PRPS), founded in 1935, is the principal organization promoting quality recreation and park opportunities for all citizens of the Commonwealth through education, training, technical assistance and other support to local, county, state and federal recreation and park providers.

The Society's 1,800 members include recreation and park professionals working for federal, state and local agencies; therapeutic recreation specialists and activity coordinators working in health care facilities; local recreation and park advisory board members serving in local communities; faculty and students at colleges and universities; recreation directors at commercial and resort facilities; and suppliers of recreation and park products and services.



District 1 represents and serves the citizens and professionals and all who support great parks and recreation in Western Pennsylvania.

For more information: [www.prps.org](http://www.prps.org)

**Cancellation and Refund Policy** If a cancellation is made two weeks prior to the date of the workshop, the registration fee less \$20 processing fee will be refunded. Cancellation after two-week cut-off will result in a PRPS credit certification. All cancellations must be made in writing and mailed, faxed or emailed to PRPS.

Registrants will be notified if workshop is cancelled or rescheduled. NO confirmations are sent. Liability for a cancelled workshop is PRPS's and 100% of fees will be refunded. Refund does not include penalty for any other expenses.

To Register:  
 Send form with fee to:  
 PA Recreation and Parks Society  
 2131 Sandy Drive, State College, PA 16803-2283  
 OR FAX: 814-234-5276

Name \_\_\_\_\_

Agency \_\_\_\_\_

Address \_\_\_\_\_

city \_\_\_\_\_ state \_\_\_\_\_ zipcode \_\_\_\_\_

Email \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

FAX (\_\_\_\_) \_\_\_\_\_

Special Assistance Required \_\_\_\_\_

### FEE

Light refreshment and lunch included.

\_\_\_ \$35 for PRPS members \_\_\_ \$45 for non-members

\_\_\_ \$15 for students

\_\_\_ My check is enclosed

\_\_\_ Bill my agency at the address listed above or list below:

\_\_\_\_\_  
 \_\_\_\_\_

\_\_\_ Bill my credit card/ circle: VISA MC AMEX Discover

Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ 3# number on back of card \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_

Sessions selected (pick one from M and one from A):

9:45 am

\_\_\_ M-1 \_\_\_ M-2 \_\_\_ M-3 \_\_\_ M-4 \_\_\_ M-5

1:00 pm

\_\_\_ A-1 \_\_\_ A-2 \_\_\_ A-3 \_\_\_ A-4 \_\_\_ A-5

\_\_\_ yes, I would like to tour the Community Center.



## What great presenters!

**KAREN BARRINGER, CTRS, MA-ART, Art Therapist, Presbyterian Senior Care, Oakmont,** has a B.S. in Therapeutic Recreation and Masters in Counseling Psychology with a specialization in Art Therapy; she is known for her outstanding art program and emphasis on the internationally acclaimed Woodside Dementia Program.

**PAUL BESTERMAN, Director of Recreation and Leisure Services, Upper St. Clair,** has worked on the USC Community Center project from start to completion; he has also served in this capacity in Cranberry as well as worked with several YMCAs in the U.S. and Asia.

**CHRIS BISWICK, WSI, LGI, Aquatics Supervisor, Upper St. Clair Rec Center** and has worked for two YMCAs and as a swim coach. and has a BS in Liberal Studies with a Concentration in Education.

**JIM FEATH, Project Manager, Herbert, Rowland & Grubic,** is a registered landscape architect with a focus on planning, designing and construction of parks and rec facilities; he is experienced in comprehensive planning, park master planning, and facility design.

**ROBERT FULL, Chief, Allegheny Co. Emergency Services,** has been in emergency services for 35 years with experience in fire safety, hazardous materials, emergency medical services and intergovernmental cooperation with knowledge in park and recreation emergency planning.

**MIKE HOY, South Fayette Twp. Manager,** has served as a manager for 15 years at Edinboro, Murrysville and South Fayette; works with the Gov.'s Center for Local Government; is part-time faculty at PSU Behrend; has Pitt MPA.

**MIKE JOHNSON, Exec. Dir., Butler YMCA,** has a years of experience developing and expanding programs that are financially sustainable and creating budgets that can be acceptable by boards and elected officials.

**JIM LARSEN** founded **Larsen Architects** nearly 30 years ago with the focus of Creating Community thru Architecture and has worked with several local governments to get impressive results.

**JEREMY LEMLEY, CPO, Maintenance Supervisor, Upper St. Clair Rec/Leisure Services,** has a BA in Sports Management and previously worked as site manager at the Petersen Events Center and Sq. Hill Jewish Community Center.

**MELISSA MATTUCCI, MS, WSI, Assistant Aquatics Supervisor, Upper St. Clair Rec Center,** has a BS/Exercise Science and an MS/Exercise Physiology with a minor in Aquatic Therapy and has worked and interned at Healthtrax Fitness and Wellness, St. Clair Hospital's Cardiac Rehab and Laurel Highland Health Center.

**RYAN McCLEASTER, Asst. Dir. of Recreation/Leisure Services / Facility Supervisor, Upper St. Clair,** has a Master's degree in Instructional Leadership with an emphasis in Sport Management and over 10 years of experience in Sport/Fitness Management.

**JIM PASHEK, Landscape Architect, President, Pashek Associates,** has more than 35 years experience in park planning and has a special interest in public involvement as well as developing sustainable designs for parks and rec facilities.

**JIM "JP" PATCEK, Project Manager, Larsen Architects,** is a LEED Accredited Profession, with a passion for sustainable architecture and responsible design. His work is widely known in PA and Ohio.

**MATTHEW R. SERAKOWSKI, Upper St. Clair, manager,** where he has served in a variety of capacities; he was an integral part of the long-term process to build the community center.

**DON SHUCK, a long time team member of WTW Architects,** and has many years of experience working with community projects, commercial design and university recreation center design; involved with many Western PA projects, including Peters Twp and Upper St. Clair.

**JIM WATENPOOL, Parks & Recreation Director, Franklin Park Borough,** has 36 years experience in all aspects of recreation and parks admin. in the public and private sectors and works as an independent consultant with multiple engineering firms in park planning and design.

**MEGAN ZULAUF, Music Therapist, Masonic Village of Sewickley,** is responsible for a very successful TR program at Masonic and has a B.S. in Music Therapy; she has also been an activity director.



## Recreation: Paying for Itself and More....

### Morning Sessions 9:45 A. M.

### Afternoon Sessions 1:00 P. M.

<p><b>Facility Maintenance Management: The Foundation for Operational Success</b> Learn the basics and more with tips for energy and resource conservation; creating and implementing a preventative maintenance program; and developing maintenance staff that is a pro-active unit. Also sign up for the tour for a behind-the-scenes look, including pool mechanical room.</p>	<p><b>Session M -1 Pool Area A, C</b></p>	<p><b>Keeping Your Head Above Water with Aquatics Programming and Staffing</b> This session presents innovative ideas to increase profits through creative programming and quality staffing. Learn how to recruit and train creditable staff and plan for quality programs for your aquatic program.</p>	<p><b>Session A -1 Pool Area A, TR, C</b></p>
<p><b>Successful Music and Art Therapy Programs: Focusing on Person Centered Care</b> A hands-on approach providing you with creative, effective, and FUN therapeutic programs using your own talents and abilities without having to hire an AT or MT. Learn to define these therapies as well as the techniques to involve the clients in leading the programs.</p>	<p><b>Session M-2 Lounge TR</b></p>	<p><b>Value of Green Designs and Retrofits</b> Hear about some the latest thoughts on the values and opportunities for "greening" your facilities and retrofits at the same time creating opportunities for reducing long term operational and maintenance costs.</p>	<p><b>Session A-2 Lounge C, Com, F</b></p>
<p><b>Exploring Private/ Commercial Partnerships</b> With the challenge of budgetary constraints, consider developing a strong, diverse base with local partners through the methods and case studies given at this session.</p>	<p><b>Session M-3 Break-Out 1 C, Com, TR</b></p>	<p><b>Thinking Outside the Box to Build YOUR Bottom Line</b> Explore ways to expand your business and increase revenue with outside-the-box thinking. Topics discussed will include staffing, programming/events, partnerships/ sponsorships and marketing strategies.</p>	<p><b>Session A-3 Break-Out 1 C, Com</b></p>
<p><b>Budgeting for Programs/ Developing Self-Sustaining Programs</b> In this day of tight funding you must be able to properly estimate costs and income for programs and reliable department budgets.</p>	<p><b>Session M-4 Break-Out 2 A, C, Com, F</b></p>	<p><b>Community Centers A-Z</b> Learn first hand the most effective way to create a community rec center beginning with enlisting community input and support, through planning and construction stages, right up to the opening of a successful community asset. Also plan to take the on-site tour.</p>	<p><b>Session A-4 Break-Out 2 C, Com, F</b></p>
<p><b>Financing Capital Projects</b> Position your organization to take advantage of unique opportunities to fund capital projects: facility upgrades or new facilities. Learn about non-traditional methods of funding in addition to grants and local funding.</p>	<p><b>Session M-5 Break-Out 3 C, Com, F, TR</b></p>	<p><b>Emergency/Accident Response Planning</b> Who better than Allegheny County staff to help you prepare? After all they handled G-20!!! Learn why you need a plan and the key elements to include in it. Bring your current plan or develop one at the workshop.</p>	<p><b>Session A-5 Break-Out 3 C, Com, F, TR</b></p>

A = Aquatics

TR = Therapeutic

C = Community Rec

Com = Commercial  
and Resort

F = Facilities