WORKSHOP DETAILS

Topic: Leadership, Wellness & Resilience in the Workplace
Presented by Chad Bruckner

Date: Wednesday, November 8, 2023
Time: 10:00 am
Location: Lansdale Borough Building
1 Vine Street, Lansdale, PA, 19446

TRAINING DESCRIPTION

Unwavering Resilience in a Broken World is a 75-minute keynote experience on Resilience. Attendees will learn core concepts on how we develop higher levels of resilience. Being resilient to the world's stressors and events is more critical than ever. Emotional Warrior is developed and facilitated by Chad Michael Bruckner. Chad grew up in Pennsylvania and experienced financial hardships as a child. He then served in policing and the military and endured much trauma and stress.

Chad shares his lived experiences through the art of storytelling so that attendees will leave with an understanding in how to do to challenging things and come back from adversity. Chad shares his formula on how we attain higher levels of resilience. This experience is designed to serve as a catalyst for those already contemplating life change or becoming better versions of ourselves.

CEUS AVAILABLE

$5 for PRPS Members
$10 for Non-Members

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